



Fresh Food Drive

Help us nourish our neighbors by donating from the fresh produce items listed below



apples, oranges, pears, banana, cantaloupe, watermelon, plums, honeydew, peaches, nectarines, strawberries, blueberries, raspberries, pineapple



broccoli, cauliflower, cabbage, carrots, celery, cucumber, radish, tomato, zucchini, squash, potato, sweet potato, corn, green beans, lettuce, spinach, sweet peppers, greens (mustard, collard)

Why fresh foods?

Pantries can promote health and help manage diseases like like diabetes, high blood pressure, and obesity, by offering fresh produce. Help pantries go beyond filling bellies and instead nourish healthy lives.



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

UI Health
Office of Community Engagement and
Neighborhood Health Partnerships



This institution is an equal opportunity provider.

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.

College of Agricultural, Consumer and Environmental Sciences.

University of Illinois | United States Department of Agriculture | Local Extension Councils Cooperating.

Illinois Extension: <https://go.illinois.edu/EatMoveSave>. Illinois at Chicago: <http://cphp.uic.edu>